



Karate For Kids

Here at the Knaresborough H C
Wednesday's
And Thursday's
6.00pm to 7.00pm

"TIGERS"
5 TO 7 YEARS
£27.00 for a course of 6 lessons
or £4.50p pay as you attend

Class numbers are limited to a Maximum of 15 Children per class
Please make all Cheques payable to Anne Hastings-Dockray
Please contact prior to attending for information availability and booking
Contact

Anne Hastings-Dockray
Telephone 0771 675 8918
E-mail anne@miraidojo.com
Visit our web site www.miraidojo.com

At the Tigers Club

We teach

CHIIKU	Mental development
TOKUIKu	Moral Development
TAKIIKU	Physical Development

The Tigers have lots of fun

JUMPING
SKIPPING
RUNNING
TWIZZELING
BENDING
STRETCHING

We reward their efforts

WE ENCOURAGE
GOOD BEHAVIOUR
GOOD MANNERS

We teach them to

BE CONFIDENT
BE RESPECTFUL
BE SELF AWARE

FOR FUTHER INFORMATION

CALL

ANNE ON

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