

# The "Ninja's" At The Mirai Dojo

The Ninja's Club

For children aged 8 to 11 years

Introductory classes of 1-hour duration

They are taught the basic skills of safety, discipline, respect, control and basic co-ordination exercises with karate skills.

The classes are structured with games and fun to develop karate skills

The grading system is designed to allow the children to develop and progress at regular intervals.

Depending upon ability they can achieve full gradings every 3 months but there are systems in place to allow the children to achieve the grading in small steps.

Their black belt level is achievable if the starting age is between 8-11 years within a 3 to 5 year training programme. It is of course dependant upon the amount of time and effort that they put into their training

Once the children have attended the introductory classes, they are invited to join the "Ninja's Club"

Club memberships and rules will apply

They can still pay as they attend

Please see the price guide

The maximum number of children per class is 20

Most classes are between 10 to 12 children

For further information and booking please go to  
"CONTACT" Sensei Anne